MONTHLY



UPDATE

A Note from Our Team

Snow, snow, and more snow! We hope you stayed warm this February and are looking forward to some sunshine and warmer weather (hopefully) as we move into March! Throughout these winter months we have loved hearing about the creative ways mentors and mentees have been interacting! Reading books, crafting, sledding, and regular check-ins all sound like great ways to work through these cold temps together. With the springtime weather drawing closer, we hope it will make it easier for our mentors and mentees to get in some outdoor adventures. If you have ideas for fun spring activities, send them our way!



To MADISON COLLEGE for hosting a mentoring event!

> THANKS FOR THE INVITE!

Acting On Your *Why*: Making Space for What Matters to You

Why do you do what you do? Excited candidates readily talk about what motivates them or what drives their passion when they're interviewing for a job. Once they've grown accustomed to their new routine, however, they can sometimes find themselves simply putting one foot in front of the other and getting lost in the busyness of dayto-day tasks.

At least that's been my experience at times, which is why I frequently try to reflect on my *why*.

Hi, everyone. This month you get to hear from me: Sharon, Intentional Mentoring Newsletter Columnist.

We only have so many hours in the day, right? As someone who tends to have what feels like a jam-packed schedule, I try to make sure that I'm using my time well. By day I teach high school students, helping them tackle one comma splice at a time; by night I sometimes feel like a jack of all trades.

I've also been fortunate enough to be involved with Intentional Mentoring for the last year and a half.



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Food for Thought

Mentors help cultivate a SENSE OF WELL-BEING in mentees by noticing SPARKS OF PURPOSE and providing opportunities to get involved.





Online

#intentionalmentoringmadison @intentmentoring intentionalmentoringmadison.org

MARCH 1, 2020

Intentional Mentoring Inc.

The reasons why I make space for something like this are probably similar to the reasons that some of you have gotten involved or why you've wanted to stay up-to-date with what's going on in this organization.

Why did I join Intentional Mentoring?

- It fits with my *why*. I've always appreciated the mission/vision of teaching, coaching, mentoring, etc.
- I believe that what I'm doing is making a difference for other people.
- I genuinely care about the Madison community, the community in which I live, and I want to see it flourish.
- I have seen the impact of mentoring relationships on both mentees and mentors.
- Joining together with others for a common goal is powerful! This community of people that wants to uplift the next generation is inspiring, motivating, and supportive!
- As a teacher, I know how amazing and worth it students are. One byproduct I love seeing from mentors is how much their mentees have impacted their lives, too!

What I love about my columnist role here is that I get to share information that helps people to celebrate the good, to think through the challenges, and to understand the importance and impact of what we're doing.

Students need mentors, and really, we all just need each other. I learn so much from my students on a daily basis, and for those who can enter into a mentoring relationship, you soon realize how awesome and authentic it is.

Mentoring extends throughout the whole year, not just during the school year, and we're still hoping to pair more students in the coming months.

If you or anyone you know is considering taking that jump to become a mentor, please contact us today. If you're excited about mentoring and can make space for this relationship, we'd love to help you act on your *why*.





Interested in getting involved with Intentional Mentoring but not sure you have the skill set or the available time for coaching/mentorship? We still value your contributions! Consider monthly community outreach or helping to organize one of our events. Have questions about what help Intentional Mentoring could use or other ideas for ways you think you could help? Email us at katiemae@intentionalmentoringmadison.org.

Our Mission Statement

With guidance from coaches, mentors interact with school staff, community members, and families in order to strengthen the support network for students facing adversity.



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