## MONTHLY



# UPDATE

### A Note from Our Team

It has been wonderful seeing so many people outside and enjoying time together lately! We are excited to say that we have seen an increase in mentors interested in joining our community in the past month. With the warmer weather and the feeling of leaving this pandemic slowly behind us, it seems a bit easier to imagine entering into a mentorship. If you or anyone else you know is interested, please contact us to get you started today! Better yet, our Intentional Mentoring community is having a cookout on Friday, July 23rd from 5:30-8:00 pm at 5765 Richmond Drive, Fitchburg, WI 53719. All supporters, mentors, mentees, team members, and families are welcome. Please RSVP with Katie Mae at 262-366-0030 if you can join us!



Shout-out

To our MENTOR COACHES for leading their coaching groups with encouragement and support.

#### A Focus on Coaching

It takes a village, as the saying goes, to raise a child. This idea encourages a community to come together in support of its youth. One way that we do that at Intentional Mentoring is through our support system of mentors and coaches.

This month we caught up with Dana Finne, who has been the Lead Mentor Coach with Intentional Mentoring for the last four years. In this role, she oversees our two Mentor Coaches and supports them in creating and maintaining effective and supportive coaching groups. "I first got interested in being a coach because I enjoy supporting others in their work," noted Dana. "I think there is value in facilitating a team in looking at the bigger picture and at both sides of a story and then having discussions about next steps and problem solving."

Even though being a mentor is awesome, it isn't always straightforward, and much care and creativity can go into forming a successful relationship with a young person. Throughout their journeys, we want our mentors to have a supportive community behind them to help them navigate the way as needed. "The heart behind our coaching model is believing that a supported and encouraged mentor is going to show up more authentically for their mentee than a mentor who is



We are excited to see all Intentional Mentoring participants & supporters at our annual cookout!

Click <u>HERE</u> to add the calendar invite to your calendar and RSVP to Katie Mae at 262-366-0030.



#### Online

#intentionalmentoringmadison @intentmentoring intentionalmentoringmadison.org

### Intentional Mentoring Inc.

left to do it all on their own," explained Dana. "We never want our mentors to feel like they are in this alone. We believe that a community of people working together to raise up our youth is going to have the biggest impact on not only our mentees but on our mentors as well."

So how do we do that at Intentional Mentoring? "IM's coaching model is set up so that each mentor gets assigned to one coach. Coaches have groups of anywhere from two to ten mentors. Currently we have two coaches who meet with their mentor groups each month. During these meetings, mentors share what's been happening in their mentoring relationships, and then the coach facilitates peer-to-peer discussions to help both support and problem solve what's been happening," explained Dana. "Coaches also rely on their experience to offer suggestions, advice, and feedback to mentors."

One prevalent topic in these coaching conversations centers on communication with the mentee, their family

and the mentee's school. "Many of our mentees are middle school-aged, and that's an interesting time in a child's life," said Dana. "Learning how to communicate with them often takes a lot of trial and error, so it's good for mentors to be able to talk it through with their coach. We encourage our mentors to seek out their coach any time they have any time of setback, issue, concern, or question that they cannot answer on their own. Our message is that it's better to reach out right away than wait until the issue into something arows more complicated."

As part of this coaching, IM will also be launching a new training program for mentors and staff, where "coaches will also be leading discussions with mentors on what they've been learning as they complete the training," commented Dana.

If you or someone you know is looking to join the village and invest in a young person's life with coaching and support behind you, contact us today!

### JULY 1, 2021

#### **Upcoming Events**



intentionalmentoring madison.com/events



CLICK TO DONATE



**Contact Us** 

Interested in getting involved with Intentional Mentoring but not sure you have the skill set or the available time for coaching/mentorship? We still value your contributions! Consider monthly community outreach or helping to organize one of our events. Have questions about what help Intentional Mentoring could use or other

ideas for ways you think you could help? Email us at katiemae@intentionalmentoringmadison.org.

#### **Our Mission Statement**

With guidance from coaches, mentors interact with school staff, community members, and families in order to strengthen the support network for students facing adversity.

CLICK TO UNSUBSCRIBE.

# INTENTIONAL MENTORING COOKOUT

JULY 23, 5:30-8:00 PM 5765 RICHMOND DRIVE, FITCHBURG



ALL MENTORS, MENTEES, FAMILIES, SUPPORTERS AND FRIENDS ARE WELCOME!

**RSVP TO KATIE AT 262-366-0030** 

